



Aberdeen Physical Therapy & Wellness, LLC
200 North Poplar Street
Aberdeen, NC 28315
Phone: 910-944-1169
Fax: 910-944-1566

Terry Young, PT
Rick Young, PT, MPT
Susan Walker, PTA

Dear Friend,

Thank you for choosing us at Aberdeen Physical Therapy for your therapy clinic. It is our goal to provide you with the best service and Physical Therapy care available. Our Physical Therapy staff has a cumulative 75 year's experience in the Physical Therapy profession. We strive to provide our patients with the most current Physical Therapy procedures through attending continuing education courses. Our office is also a clinical education site for Duke, Elon, and Winston Salem State Physical Therapy programs.

We will take time to listen to your concerns and your symptoms to determine the appropriate physical therapy diagnosis and treatment plan to help in your recovery. Our staff, from the front office staff to our therapists, will do everything possible to help you feel comfortable. It is our goal to provide you with excellent care and the knowledge you need to improve your physical wellness. We are pleased that you chose us for your physical therapy needs.

What to wear to Physical Therapy: If you are coming for lower back, knee or leg problems please wear shorts and t-shirt; for neck, shoulder or upper back problems please wear a tank top or sleeveless shirt; if your visit is for any kind of sport, running or movement assessment please bring/wear your walking or running shoes.

We have enclosed all of the forms needed for your first visit. Having these filled out prior to your appointment will save time to allow us to provide more time for your treatment. Please bring all insurance cards with you to your initial visit. Feel free to call our office manager, at 910-944-1169 with any questions you may have.

We look forward to meeting you.

Sincerely,

Rick Young, PT, MPT

Terry Young, PT